

[WEEKLY MENU]



Week 3

Weeks Commencing: Monday 30th April – Monday 21st May – Monday 18th June – Monday 9th July



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Greek style beef meatballs with apricot & coriander cous cous & Tzatziki	Sticky Glazed Chicken	Roast Turkey, Stuffing & Roast Gravy	Spaghetti Bolognese	Homemade Fish goujons
Vegetarian Dish of the Day	Vegetarian meat balls with above	Vegetable & Quorn Stir Fry	Roasted Mediterranean Vegetable Tart	Vegetable Lasagne	Mildly Spiced Vegetable and Chickpea Fajita
Vegetable Choice	Seasoned Wedges Baked Beans & Broccoli Floret	Steamed Rice Cabbage & Sweetcorn	Roast Potatoes, Cauliflower & Green Beans	Garlic Bread Medley of Vegetables	Parmentier Potatoes, Baked Beans & Garden Peas
Dessert of the Day	Berry Mousse with Fresh Fruit Salad	Fresh Fruit	Peach Compote, Fresh Fruit Salad	Fruity yoghurt Fresh Fruit Salad	Fresh Fruit
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	
Cold Selection	Help Yourself Salad Bar, Home Baked Breads	Help Yourself Salad Bar, Home Baked Breads	Help Yourself Salad Bar, Home Baked Breads	Help Yourself Salad Bar, Home Baked Breads	Help Yourself Salad Bar, Home Baked Breads

